

Name _____

Date _____

CHECK OFF WHICH OF THE FOLLOWING OCCURRED AT LEAST ONCE IN THE PAST 30 DAYS:

<u>Pain</u>		<u>Decreased Motion</u>		<u>Swelling</u>		<u>Other Problems</u>	
___ Knee	R L	___ Knee	R L	___ Knee	R L	___ Overweight	
___ Shoulder	R L	___ Shoulder	R L	___ Shoulder	R L	___ Diabetes	
___ Hip	R L	___ Hip	R L	___ Hip	R L	___ Digestive Problems	
___ Ankle	R L	___ Ankle	R L	___ Ankle	R L	___ Dizziness	
___ Elbow	R L	___ Elbow	R L	___ Elbow	R L	___ Fatigue	
___ Back		___ Back		___ Back		___ Balance Problems	
___ Neck		___ Neck		___ Neck		___ Neuropathy	
___ Wrist	R L	___ Wrist	R L	___ Wrist	R L	___ Sleep Problems	
___ Hand	R L	___ Hand	R L	___ Hand	R L	___ Other _____	

Which health problem bother you the most? _____

On a scale of 1-10, at it's worst, how bad does it get? (1=low, 10=high) _____

How often does it bother you? _____

How long have you had the problem? _____

What could you do before this problem you cannot do now? _____

HOW DOES THE PROBLEM ADDECT YOU?

- Moodiness/Irritability
- Restricted Activity
- Interfered with Exercise/ Hobbies
- Decreased Energy
- Burden to My Family
- Reduced Enjoyment of Life

Back To Health Pre-qualification Application

Personal Information

First Name: _____

Last Name: _____

Social Security Number: _____

Date of Birth: _____

Street Address: _____

City: _____

State: _____

ZIP Code: _____

Contact Information

Mobile Phone: _____

Email Address: _____

If you are planning on using Health Insurance, please provide the following:

Health Insurance Company: _____

Member/ID #: _____ Group #: _____

Customer Service Phone #: _____

Financial Information

**The following information can help us find the right payment solution for you today regardless of your credit history.*

The following best describes my credit history: Excellent Less than excellent

I prefer to use my own resources and/or credit and do not wish to disclose my financial information at this time.

Estimated Gross Household Annual Income:

Less than \$25,000 \$25,000-\$50,000 \$50,000-\$75,000 \$75,000 or more \$ _____

Signature: _____

Date: _____

Additional Information is requested to process the right payment solution for you.

Driver's License Number/State ID #: _____

Alternative Phone #: _____

GreenSky® Patient Solutions

You, the Applicant agree and understand the following notice:

- You are providing written instructions to the GreenSky® Program under the Fair Credit Reporting Act authorizing the GreenSky® Program to obtain information from your personal credit profile or other information from Experian. You authorize the GreenSky® Program to obtain such information solely to conduct a pre-qualification for credit. GreenSky® may share the pre-qualification decision with your healthcare provider.
- You have read, understand, and accept GreenSky's Terms of Use (https://www.greensky.com/terms/website_terms_of_use.pdf) and GreenSky's Privacy Notice. (<https://www.greensky.com/privacy-policy/>) and GreenSky's Consent to Electronic Records and Communication (<https://www.greenskycredit.com/information>).
- When you check your rate and review loan offers, a soft inquiry will be performed on your credit report, which won't impact your credit score. Soft inquiries can only be seen by you. When you accept a loan offer and submit it for review, a hard inquiry will be performed, which may impact your credit score and can be viewed by third parties.

Signature: _____

Date: _____

Acknowledgement of receipt of notice of privacy practices

Patient name _____ Date of Birth _____

I acknowledge that I have reviewed the Notice of Privacy Practices of Back to Health Physicians Group, Ltd. (Please initial one of the following options and sign below.)

_____ I wish to receive a paper copy of the Privacy Notice.

_____ I do not request a copy of the Privacy Notice at this time. I acknowledge that I can request a copy at any time and the Privacy Notice is posted in the office.

Please Initial below:

_____ I acknowledge that it is the policy of this office to leave reminder messages on my answering system or with another person in my home. I may make a request of an alternative means of communication (within reason) in writing.

_____ I acknowledge that if I should have a problem or question regarding my rights, I may speak with the Privacy Officer about my concerns.

Patient (Guardian) Signature _____ Date _____

Female Patient Questionnaire & History

Name: _____ Today's Date: _____
(Last) (First) (Middle)

Date of Birth: _____ Age: _____ Weight: _____ Occupation: _____

SS#: _____ Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____ Work: _____

E-Mail Address: _____ May we contact you via E-Mail? () YES () NO

In Case of Emergency Contact: _____ Relationship: _____

Home Phone: _____ Cell Phone: _____ Work: _____

Primary Care Physician's Name: _____ Phone: _____

Address: _____
Address City State Zip

Marital Status (check one): () Married () Divorced () Widow () Living with Partner () Single

In the event we cannot contact you by the means you've provided above, we would like to know if we have permission to speak to your spouse or significant other about your treatment. By giving the information below you are giving us permission to speak with your spouse or significant other about your treatment.

Spouse's Name: _____ Relationship: _____

Home Phone: _____ Cell Phone: _____ Work: _____

Social:

- () I am sexually active.
- () I want to be sexually active.
- () I have completed my family.
- () My sex has suffered.
- () I haven't been able to have an orgasm.

Habits:

- () I smoke cigarettes or cigars _____ per day.
- () I drink alcoholic beverages _____ per week.
- () I drink more than 10 alcoholic beverages a week.
- () I use caffeine _____ a day

Personal History

Which conditions are you **currently** experiencing problems with? (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Suicide Attempt |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Tumor growth |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Vaginal infections |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Bulimia |
| <input type="checkbox"/> Autoimmune problems | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Depression/anxiety | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> numbness/tingling |
| <input type="checkbox"/> Fractures | <input type="checkbox"/> Blood clots |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Hernia | <input type="checkbox"/> Muscle/joint pain |
| <input type="checkbox"/> Herniated disc | <input type="checkbox"/> high/low blood pressure |
| <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Chronic headaches/migraines |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Sprains/strains |
| <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> None |
| <input type="checkbox"/> Osteoporosis | |
| <input type="checkbox"/> Pacemaker | |
| <input type="checkbox"/> Parkinson's | |
| <input type="checkbox"/> Pinch Nerve | |
| <input type="checkbox"/> Pneumonia | |
| <input type="checkbox"/> Polio | |
| <input type="checkbox"/> Prostate Problems | |
| <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Rheumatoid Arthritis | |

****If you have experienced problems with any of the above condition(s) in the **past**, please circle the **condition**.

Medical History

Any known drug allergies: _____

Have you ever had any issues with anesthesia? () Yes () No

If yes, please explain: _____

Medications Currently Taking: _____

Dosage: _____

Current Hormone Replacement Therapy: _____

Past Hormone Replacement Therapy: _____

Nutritional/Vitamin Supplements: _____

Surgeries, list all and when: _____

Last menstrual period (estimate year if unknown): _____

Currently pregnant or trying to conceive: _____

Activity Level: () Low () Moderate () Average () High

Preventative Medical Care:

- () Medical/GYN exam in the last year.
- () Mammogram in the last 12 months.
- () Bone density in the last 12 months.
- () Pelvic ultrasound in the last 12 months.

High Risk Past Medical/Surgical History:

- () Breast cancer.
- () Uterine cancer.
- () Ovarian cancer.
- () Hysterectomy with removal of ovaries.
- () Hysterectomy only.
- () Oophorectomy removal of ovaries.

Birth Control Method:

- () Menopause.
- () Hysterectomy.
- () Tubal ligation.
- () Birth control pills.
- () Vasectomy.
- () Other: _____

Current Symptoms:

- () Acne.
- () Facial Hair.
- () Pre-menstrual migraines. (previously diagnosed)

Medical Illnesses:

- () Endometriosis
- () Endometrial polyps or Hx of leiomyoma
- () Epilepsy
- () Polycystic Ovary Syndrome (PCOS)
- () High blood pressure/ Hypertension.
- () Heart bypass.
- () High cholesterol.
- () Heart disease.
- () Stroke and/or heart attack.
- () Blood clot and/or a pulmonary emboli.
- () Arrhythmia.
- () Fibrocystic Breast Disease.
- () Any form of Hepatitis or HIV.
- () Lupus or other auto immune disease.
- () Fibromyalgia.
- () Trouble passing urine or take Flomax or Avodart.
- () Chronic liver disease (hepatitis, fatty liver, cirrhosis).
- () Diabetes.
- () Thyroid disease- Medication: _____
- () Arthritis. Dose: _____
- () Depression/anxiety.
- () Psychiatric disorder.

Organic Complaints:

- | | |
|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Eyes | <input type="checkbox"/> Spleen |
| <input type="checkbox"/> Ears | <input type="checkbox"/> Stomach |
| <input type="checkbox"/> Sinuses | <input type="checkbox"/> Bowels |
| <input type="checkbox"/> Nose | <input type="checkbox"/> Bladder |
| <input type="checkbox"/> Tonsils | <input type="checkbox"/> Penis |
| <input type="checkbox"/> Throat | <input type="checkbox"/> Prostate |
| <input type="checkbox"/> Lungs | <input type="checkbox"/> Testicles |
| <input type="checkbox"/> Heart | <input type="checkbox"/> Vagina |
| <input type="checkbox"/> Chest | <input type="checkbox"/> Ovaries |
| <input type="checkbox"/> Liver | <input type="checkbox"/> Rectum |
| <input type="checkbox"/> Kidneys | <input type="checkbox"/> None |
| <input type="checkbox"/> Pancreas | |

Family History:

- | | |
|---|--|
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Anorexia |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Autoimmune problems | <input type="checkbox"/> Bronchitis |
| <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Bulimia |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Chemical dependency |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Fractures | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Hernia | <input type="checkbox"/> Herniated Disc |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Pinch Nerve | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Polio | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Suicide Attempt | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Tumor growth | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Vaginal infections | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> None |

**I attest that all the information completed on the following forms is true and correct.*

Patient Signature: _____

Date: _____

RECORD RELEASE AUTHORIZATION

(If you would like our office to request your records from another Doctor and/or Facility, fill out the FROM section)

FROM:

Doctor/Facility/Hospital Name: _____

Address: _____

Phone: _____

I HEREBY AUTHORIZE AND REQUEST THE RELEASE OF MY MEDICAL RECORDS TO:

Back To Health Physician's Group, 25 West Lincoln Ave, Charleston, IL 61920

(If you would like our office to release records to another person/entity such as spouse, significant other, parent, other family member, lawyer, etc., fill out the TO section)

TO:

Person/Entity: _____

Address: _____

Phone: _____

Person/Entity: _____

Address: _____

Phone: _____

Patient's Signature

Date

Patient's Name (Please Print)

Parent/Guardian Signature (If patient under 18 yrs. old)

Relationship To Patient

Witness To The Above Signatures

Please Print Name

INFORMED CONSENT FOR EXAMINATION AND TREATMENT

I (we) hereby consent to the performance of examination and treatment on me or on, _____, by the licensed doctors of chiropractic, medical professionals, and/or licensed physical therapists that may be employed by or engaged in practice in this clinic.

I have the opportunity to discuss with the doctor(s) or other clinic personnel the nature and purpose of the different physical therapy procedures and chiropractic treatment (manipulation/adjustment). I understand that neither chiropractic nor medical treatment is an exact science and that my care may involve judgements based upon facts and information known to the doctor. The doctor uses this judgement to attempt to anticipate or explain risks and complications and an undesirable result does not necessarily indicate an error in judgement. No guarantee for results can be made or expected but rather I wish to rely on the doctor to choose and recommend the best course of treatment, based upon facts known, that is in my best interests.

I further understand that there are certain degrees of risks associated with chiropractic health care and physical therapy, which include rarely, but not limited to, fractures, disc injuries, strokes, and strains/sprains and therefore willing to accept and consent to the risk associated with the care that I am about to receive.

I have read the above information has been explained regarding consent. I have had an opportunity to ask questions about my examination and treatment. By signing below, I agree and intend this consent form to cover the procedures prescribed for my condition and for any future conditions for which I seek treatment.

By my signature on this form I do hereby state to the best of my knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this time.

Date of last menstruation (if applicable): _____

Patient's Name (Print)

Patient's Signature

Date

Relationship or authority if not signed by patient

Witness (Print)

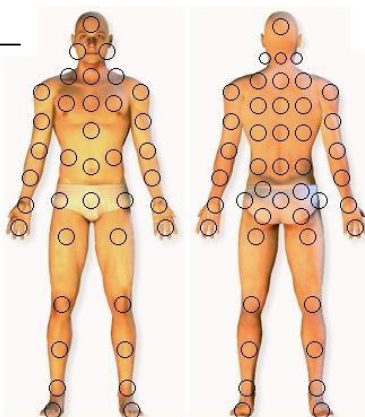
Witness Signature

Patient Name: _____

Date: _____

Primary (Main) Complaint: _____

Mark the region of your discomfort (mark the dots)



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1 2 3 4 5 6 7 8 9 10

What is the frequency of the discomfort you are feeling? (Circle one)

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How bad is the discomfort at its worst? (Circle one)

1 2 3 4 5 6 7 8 9 10

How would you rate the discomfort at its best? (Circle one)

1 2 3 4 5 6 7 8 9 10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual Sudden

When did the discomfort begin? (Fill in a number on the blank line)

___hour(s) ago ___day(s) ago ___week(s) ago ___month(s) ago ___year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better Worse Unchanged

What aggravates the discomfort? (Check all that apply)

- Bending Bowling Carrying Cleaning Climbing Cooking Coughing
- Crawling Cycling Dressing Driving Eating Exercising Gardening
- Jumping Kneeling Lifting Lying Medications Golf Tennis
- Pulling Pushing Reaching Resting Running Sex Sitting
- Sleeping Sliding Sneezing Standing Stooping Swinging Turning
- Twisting Typing Walking Working Nothing

Patient Name: _____

Date: _____

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? _____ minutes

What relieves the discomfort? (Check all that apply)

- | | | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Bowling | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing | <input type="checkbox"/> Cooking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving | <input type="checkbox"/> Eating | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting | <input type="checkbox"/> Lying | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Pulling | <input type="checkbox"/> Pushing | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting | <input type="checkbox"/> Running | <input type="checkbox"/> Sex | <input type="checkbox"/> Sitting |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping | <input type="checkbox"/> Swinging | <input type="checkbox"/> Turning |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing | <input type="checkbox"/> Walking | <input type="checkbox"/> Working | <input type="checkbox"/> Nothing | | |

What percentage would you say the discomfort improves? _____%

What is the quality of the discomfort? (Check all that apply)

- | | | | | | | |
|-------------------------------------|------------------------------------|--|-------------------------------------|-----------------------------------|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Anguish | <input type="checkbox"/> Burning | <input type="checkbox"/> Continuous | <input type="checkbox"/> Deep | <input type="checkbox"/> Depression | <input type="checkbox"/> Despair |
| <input type="checkbox"/> Discomfort | <input type="checkbox"/> Dull | <input type="checkbox"/> Frequent | <input type="checkbox"/> Insidious | <input type="checkbox"/> Intense | <input type="checkbox"/> Intermittent | <input type="checkbox"/> Malaise |
| <input type="checkbox"/> Melancholy | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Numb | <input type="checkbox"/> Numbness | <input type="checkbox"/> Occasional | <input type="checkbox"/> Pain |
| <input type="checkbox"/> Random | <input type="checkbox"/> Severe | <input type="checkbox"/> Self Loathing | <input type="checkbox"/> Sharp | <input type="checkbox"/> Shooting | <input type="checkbox"/> Superficial | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Tingling | <input type="checkbox"/> Tightness | | | | | |

When is the discomfort at its worst? (Circle one)

In the morning In the afternoon In the evening Just before bed

Does the pain radiate up or down? (Circle one)

Upward Downward In all directions Does Not Radiate

Where does the pain radiate? (Circle all that apply)

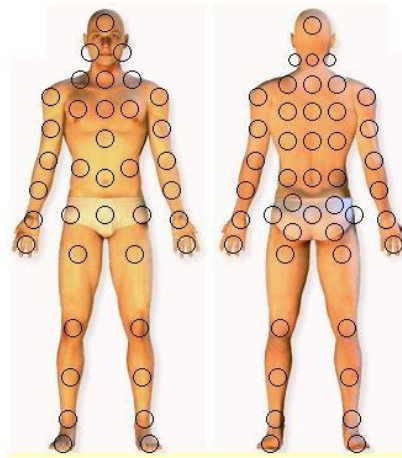
Right arm Left arm Right leg Left leg Neck Spine Other: _____

Patient Name: _____

Date: _____

Second Complaint: _____

Where is your discomfort?



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1 2 3 4 5 6 7 8 9 10

What is the frequency of the discomfort you are feeling? (Circle one)

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How bad is the discomfort at its worst? (Circle one)

1 2 3 4 5 6 7 8 9 10

How would you rate the discomfort at its best? (Circle one)

1 2 3 4 5 6 7 8 9 10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual Sudden

When did the discomfort begin? (Fill in a number on the blank line)

___hour(s) ago ___day(s) ago ___week(s) ago ___month(s) ago ___year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better Worse Unchanged

What aggravates the discomfort? (Check all that apply)

- | | | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Bowling | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing | <input type="checkbox"/> Cooking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving | <input type="checkbox"/> Eating | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting | <input type="checkbox"/> Lying | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Pulling | <input type="checkbox"/> Pushing | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting | <input type="checkbox"/> Running | <input type="checkbox"/> Sex | <input type="checkbox"/> Sitting |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping | <input type="checkbox"/> Swinging | <input type="checkbox"/> Turning |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing | <input type="checkbox"/> Walking | <input type="checkbox"/> Working | | | |

Patient Name: _____

Date: _____

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? _____ minutes

What relieves the discomfort? (Check all that apply)

- | | | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Bowling | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing | <input type="checkbox"/> Cooking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving | <input type="checkbox"/> Eating | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting | <input type="checkbox"/> Lying | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Pulling | <input type="checkbox"/> Pushing | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting | <input type="checkbox"/> Running | <input type="checkbox"/> Sex | <input type="checkbox"/> Sitting |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping | <input type="checkbox"/> Swinging | <input type="checkbox"/> Turning |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing | <input type="checkbox"/> Walking | <input type="checkbox"/> Working | <input type="checkbox"/> Nothing | | |

What percentage would you say the discomfort improves? _____%

What is the quality of the discomfort? (Check all that apply)

- | | | | | | | |
|-------------------------------------|------------------------------------|--|-------------------------------------|-----------------------------------|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Anguish | <input type="checkbox"/> Burning | <input type="checkbox"/> Continuous | <input type="checkbox"/> Deep | <input type="checkbox"/> Depression | <input type="checkbox"/> Despair |
| <input type="checkbox"/> Discomfort | <input type="checkbox"/> Dull | <input type="checkbox"/> Frequent | <input type="checkbox"/> Insidious | <input type="checkbox"/> Intense | <input type="checkbox"/> Intermittent | <input type="checkbox"/> Malaise |
| <input type="checkbox"/> Melancholy | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Numb | <input type="checkbox"/> Numbness | <input type="checkbox"/> Occasional | <input type="checkbox"/> Pain |
| <input type="checkbox"/> Random | <input type="checkbox"/> Severe | <input type="checkbox"/> Self Loathing | <input type="checkbox"/> Sharp | <input type="checkbox"/> Shooting | <input type="checkbox"/> Superficial | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Tingling | <input type="checkbox"/> Tightness | | | | | |

When is the discomfort at its worst? (Circle one)

In the morning In the afternoon In the evening Just before bed

Does the pain radiate up or down? (Circle one)

Upward Downward In all directions

Where does the pain radiate? (Circle all that apply)

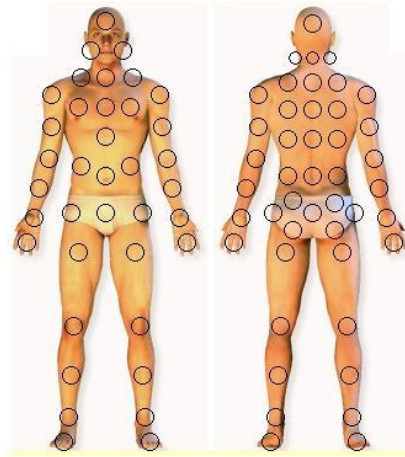
Right arm Left arm Right leg Left leg Neck Spine

Patient Name: _____

Date: _____

Third Complaint: _____

Where is your discomfort?



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1 2 3 4 5 6 7 8 9 10

What is the frequency of the discomfort you are feeling? (Circle one)

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How bad is the discomfort at its worst? (Circle one)

1 2 3 4 5 6 7 8 9 10

How would you rate the discomfort at its best? (Circle one)

1 2 3 4 5 6 7 8 9 10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual Sudden

When did the discomfort begin? (Fill in a number on the blank line)

___hour(s) ago ___day(s) ago ___week(s) ago ___month(s) ago ___year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better Worse Unchanged

What aggravates the discomfort? (Check all that apply)

- | | | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Bowling | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing | <input type="checkbox"/> Cooking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving | <input type="checkbox"/> Eating | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting | <input type="checkbox"/> Lying | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Pulling | <input type="checkbox"/> Pushing | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting | <input type="checkbox"/> Running | <input type="checkbox"/> Sex | <input type="checkbox"/> Sitting |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping | <input type="checkbox"/> Swinging | <input type="checkbox"/> Turning |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing | <input type="checkbox"/> Walking | <input type="checkbox"/> Working | | | |

Patient Name: _____

Date: _____

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? _____ minutes

What relieves the discomfort? (Check all that apply)

- | | | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Bowling | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing | <input type="checkbox"/> Cooking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving | <input type="checkbox"/> Eating | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting | <input type="checkbox"/> Lying | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Pulling | <input type="checkbox"/> Pushing | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting | <input type="checkbox"/> Running | <input type="checkbox"/> Sex | <input type="checkbox"/> Sitting |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping | <input type="checkbox"/> Swinging | <input type="checkbox"/> Turning |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing | <input type="checkbox"/> Walking | <input type="checkbox"/> Working | | | |

What percentage would you say the discomfort improves? _____%

What is the quality of the discomfort? (Check all that apply)

- | | | | | | | |
|-------------------------------------|------------------------------------|--|-------------------------------------|-----------------------------------|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Anguish | <input type="checkbox"/> Burning | <input type="checkbox"/> Continuous | <input type="checkbox"/> Deep | <input type="checkbox"/> Depression | <input type="checkbox"/> Despair |
| <input type="checkbox"/> Discomfort | <input type="checkbox"/> Dull | <input type="checkbox"/> Frequent | <input type="checkbox"/> Insidious | <input type="checkbox"/> Intense | <input type="checkbox"/> Intermittent | <input type="checkbox"/> Malaise |
| <input type="checkbox"/> Melancholy | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Numb | <input type="checkbox"/> Numbness | <input type="checkbox"/> Occasional | <input type="checkbox"/> Pain |
| <input type="checkbox"/> Random | <input type="checkbox"/> Severe | <input type="checkbox"/> Self Loathing | <input type="checkbox"/> Sharp | <input type="checkbox"/> Shooting | <input type="checkbox"/> Superficial | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Tingling | <input type="checkbox"/> Tightness | | | | | |

When is the discomfort at its worst? (Circle one)

In the morning In the afternoon In the evening Just before bed

Does the pain radiate up or down? (Circle one)

Upward Downward In all directions

Where does the pain radiate? (Circle all that apply)

Right arm Left arm Right leg Left leg Neck Spine