

Name \_\_\_\_\_

Date \_\_\_\_\_

**CHECK OFF WHICH OF THE FOLLOWING OCCURRED AT LEAST ONCE IN THE PAST 30 DAYS:**

<u><b>Pain</b></u>		<u><b>Decreased Motion</b></u>		<u><b>Swelling</b></u>		<u><b>Other Problems</b></u>	
___	Knee R L	___	Knee R L	___	Knee R L	___	Overweight
___	Shoulder R L	___	Shoulder R L	___	Shoulder R L	___	Diabetes
___	Hip R L	___	Hip R L	___	Hip R L	___	Digestive Problems
___	Ankle R L	___	Ankle R L	___	Ankle R L	___	Dizziness
___	Elbow R L	___	Elbow R L	___	Elbow R L	___	Fatigue
___	Back	___	Back	___	Back	___	Balance Problems
___	Neck	___	Neck	___	Neck	___	Neuropathy
___	Wrist R L	___	Wrist R L	___	Wrist R L	___	Sleep Problems
___	Hand R L	___	Hand R L	___	Hand R L	___	Other _____
							_____

Which health problem bother you the most? \_\_\_\_\_

On a scale of 1-10, at it's worst, how bad does it get? (1=low, 10=high) \_\_\_\_\_

How often does it bother you? \_\_\_\_\_

How long have you had the problem? \_\_\_\_\_

What could you do before this problem you cannot do now? \_\_\_\_\_

**HOW DOES THE PROBLEM ADDECT YOU?**

- Moodiness/Irritability
- Restricted Activity
- Interfered with Exercise/ Hobbies
- Decreased Energy
- Burden to My Family
- Reduced Enjoyment of Life

# Back To Health Pre-qualification Application

## Personal Information

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

ZIP Code: \_\_\_\_\_

## Contact Information

Mobile Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

## If you are planning on using Health Insurance, please provide the following:

Health Insurance Company: \_\_\_\_\_

Member/ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Customer Service Phone #: \_\_\_\_\_

## Financial Information

*\*The following information can help us find the right payment solution for you today regardless of your credit history.*

The following best describes my credit history:    Excellent       Less than excellent

I prefer to use my own resources and/or credit and do not wish to disclose my financial information at this time.

Estimated Gross Household Annual Income:

Less than \$25,000    \$25,000-\$50,000    \$50,000-\$75,000    \$75,000 or more \$ \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Additional Information is requested to process the right payment solution for you.**

Driver's License Number/State ID #: \_\_\_\_\_

Alternative Phone #: \_\_\_\_\_

**GreenSky® Patient Solutions**

**You, the Applicant agree and understand the following notice:**

- You are providing written instructions to the GreenSky® Program under the Fair Credit Reporting Act authorizing the GreenSky® Program to obtain information from your personal credit profile or other information from Experian. You authorize the GreenSky® Program to obtain such information solely to conduct a pre-qualification for credit. GreenSky® may share the pre-qualification decision with your healthcare provider.
- You have read, understand, and accept GreenSky's Terms of Use ([https://www.greensky.com/terms/website\\_terms\\_of\\_use.pdf](https://www.greensky.com/terms/website_terms_of_use.pdf)) and GreenSky's Privacy Notice. (<https://www.greensky.com/privacy-policy/>) and GreenSky's Consent to Electronic Records and Communication (<https://www.greenskycredit.com/information>).
- When you check your rate and review loan offers, a soft inquiry will be performed on your credit report, which won't impact your credit score. Soft inquiries can only be seen by you. When you accept a loan offer and submit it for review, a hard inquiry will be performed, which may impact your credit score and can be viewed by third parties.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Acknowledgement of receipt of notice of privacy practices

Patient name \_\_\_\_\_ Date of Birth \_\_\_\_\_

I acknowledge that I have reviewed the Notice of Privacy Practices of Back to Health Physicians Group, Ltd. (Please initial one of the following options and sign below.)

\_\_\_\_\_ I wish to receive a paper copy of the Privacy Notice.

\_\_\_\_\_ I do not request a copy of the Privacy Notice at this time. I acknowledge that I can request a copy at any time and the Privacy Notice is posted in the office.

Please Initial below:

\_\_\_\_\_ I acknowledge that it is the policy of this office to leave reminder messages on my answering system or with another person in my home. I may make a request of an alternative means of communication (within reason) in writing.

\_\_\_\_\_ I acknowledge that if I should have a problem or question regarding my rights, I may speak with the Privacy Officer about my concerns.

Patient (Guardian) Signature \_\_\_\_\_ Date \_\_\_\_\_

## Male Patient Questionnaire & History

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
(Last) (First) (Middle)

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Occupation: \_\_\_\_\_

SS#: \_\_\_\_\_ Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ May we contact you via E-Mail? ( ) YES ( ) NO

In Case of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Primary Care Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
Address City State Zip

Marital Status (check one): ( ) Married ( ) Divorced ( ) Widow ( ) Living with Partner ( ) Single

In the event we cannot contact you by the means you've provided above, we would like to know if we have permission to speak to your spouse or significant other about your treatment. By giving the information below you are giving us permission to speak with your spouse or significant other about your treatment.

Spouse's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_

### Social:

- ( ) I am sexually active.
- ( ) I want to be sexually active.
- ( ) I have completed my family.
- ( ) I have used steroids in the past for athletic purposes.

### Habits:

- ( ) I smoke cigarettes or cigars \_\_\_\_\_ a day.
- ( ) I drink alcoholic beverages \_\_\_\_\_ per week.
- ( ) I drink more than 10 alcoholic beverages a week.
- ( ) I use caffeine \_\_\_\_\_ a day.

## Personal History

Which conditions are you **currently** experiencing problems with? (Check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> HIV/AIDS             | <input type="checkbox"/> Suicide Attempt             |
| <input type="checkbox"/> Alcoholism           | <input type="checkbox"/> Thyroid Problems            |
| <input type="checkbox"/> Anorexia             | <input type="checkbox"/> Tumor growth                |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Ulcers                      |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Vaginal infections          |
| <input type="checkbox"/> Bronchitis           | <input type="checkbox"/> Whiplash                    |
| <input type="checkbox"/> Bleeding Disorder    | <input type="checkbox"/> Bulimia                     |
| <input type="checkbox"/> Autoimmune problems  | <input type="checkbox"/> Constipation                |
| <input type="checkbox"/> Cancer               | <input type="checkbox"/> Diarrhea                    |
| <input type="checkbox"/> Depression/anxiety   | <input type="checkbox"/> Hepatitis                   |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Venereal Disease            |
| <input type="checkbox"/> Emphysema            | <input type="checkbox"/> Asthma                      |
| <input type="checkbox"/> Epilepsy             | <input type="checkbox"/> numbness/tingling           |
| <input type="checkbox"/> Fractures            | <input type="checkbox"/> Blood clots                 |
| <input type="checkbox"/> Heart Disease        | <input type="checkbox"/> Varicose veins              |
| <input type="checkbox"/> Hernia               | <input type="checkbox"/> Muscle/joint pain           |
| <input type="checkbox"/> Herniated disc       | <input type="checkbox"/> high/low blood pressure     |
| <input type="checkbox"/> Miscarriage          | <input type="checkbox"/> Chronic headaches/migraines |
| <input type="checkbox"/> High Cholesterol     | <input type="checkbox"/> Sprains/strains             |
| <input type="checkbox"/> Multiple Sclerosis   | <input type="checkbox"/> None                        |
| <input type="checkbox"/> Osteoporosis         |  |
| <input type="checkbox"/> Pacemaker            |  |
| <input type="checkbox"/> Parkinson's          |  |
| <input type="checkbox"/> Pinch Nerve          |  |
| <input type="checkbox"/> Pneumonia            |  |
| <input type="checkbox"/> Polio                |  |
| <input type="checkbox"/> Prostate Problems    |  |
| <input type="checkbox"/> Stroke               |  |
| <input type="checkbox"/> Rheumatoid Arthritis |  |

\*\*\*\*If you have experienced problems with any of the above condition(s) in the **past**, please circle the **condition**.

## Medical History

Any known drug allergies: \_\_\_\_\_

Have you ever had any issues with anesthesia? ( ) Yes ( ) No

If yes please explain: \_\_\_\_\_

Medications Currently Taking: \_\_\_\_\_

Dosage: \_\_\_\_\_

Current Hormone Replacement Therapy: \_\_\_\_\_

Past Hormone Replacement Therapy: \_\_\_\_\_

Nutritional/Vitamin Supplements: \_\_\_\_\_

Surgeries, list all and when: \_\_\_\_\_

Other Pertinent Information: \_\_\_\_\_

**Activity Level:** ( ) Low ( ) Moderate ( ) Medium-High ( ) High

**Other:** ( ) On 5a Reductase. ( ) Urological work-up performed and ok.

### Medical Illnesses:

( ) High blood pressure.

( ) High cholesterol.

( ) Heart Disease.

( ) Stroke and/or heart attack.

( ) Blood clot and/or a pulmonary emboli.

( ) Hemochromatosis.

( ) Depression/anxiety.

( ) Psychiatric Disorder.

( ) Cancer (type): \_\_\_\_\_

Year: \_\_\_\_\_

( ) Testicular or prostate cancer.

( ) Elevated PSA.

( ) Prostate enlargement.

( ) Trouble passing urine or take Flomax or Avodart.

( ) Chronic liver disease (hepatitis, fatty liver, cirrhosis).

( ) Diabetes.

( ) Thyroid disease. Medication: \_\_\_\_\_

( ) Arthritis. Dose: \_\_\_\_\_

I understand that if I begin testosterone replacement with any testosterone treatment, including testosterone pellets, that I will produce less testosterone from my testicles and if I stop replacement, I may experience a temporary decrease in my testosterone production. Testosterone Pellets should be completely out of your system in 12 months.

By beginning treatment, I accept all the risks of therapy stated herein and future risks that might be reported. I understand that higher than normal physiologic levels may be reached to create the necessary hormonal balance.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Today's Date

**Organic Complaints:**

- |                                   |                                    |
|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Eyes     | <input type="checkbox"/> Spleen    |
| <input type="checkbox"/> Ears     | <input type="checkbox"/> Stomach   |
| <input type="checkbox"/> Sinuses  | <input type="checkbox"/> Bowels    |
| <input type="checkbox"/> Nose     | <input type="checkbox"/> Bladder   |
| <input type="checkbox"/> Tonsils  | <input type="checkbox"/> Penis     |
| <input type="checkbox"/> Throat   | <input type="checkbox"/> Prostate  |
| <input type="checkbox"/> Lungs    | <input type="checkbox"/> Testicles |
| <input type="checkbox"/> Heart    | <input type="checkbox"/> Vagina    |
| <input type="checkbox"/> Chest    | <input type="checkbox"/> Ovaries   |
| <input type="checkbox"/> Liver    | <input type="checkbox"/> Rectum    |
| <input type="checkbox"/> Kidneys  | <input type="checkbox"/> None      |
| <input type="checkbox"/> Pancreas |                                    |

**Family History:**

- |   |  |
|---|--|
| <input type="checkbox"/> HIV/AIDS             | <input type="checkbox"/> Alcoholism          |
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Anorexia            |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Arthritis           |
| <input type="checkbox"/> Autoimmune problems  | <input type="checkbox"/> Bronchitis          |
| <input type="checkbox"/> Bleeding Disorder    | <input type="checkbox"/> Bulimia             |
| <input type="checkbox"/> Cancer               | <input type="checkbox"/> Chemical dependency |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> Emphysema            | <input type="checkbox"/> Epilepsy            |
| <input type="checkbox"/> Fractures            | <input type="checkbox"/> Heart Disease       |
| <input type="checkbox"/> Hernia               | <input type="checkbox"/> Herniated Disc      |
| <input type="checkbox"/> High Cholesterol     | <input type="checkbox"/> Miscarriage         |
| <input type="checkbox"/> Multiple Sclerosis   | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Parkinson's         |
| <input type="checkbox"/> Pinch Nerve          | <input type="checkbox"/> Pneumonia           |
| <input type="checkbox"/> Polio                | <input type="checkbox"/> Prostate Problems   |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Suicide Attempt      | <input type="checkbox"/> Thyroid Problems    |
| <input type="checkbox"/> Tumor growth         | <input type="checkbox"/> Ulcers              |
| <input type="checkbox"/> Vaginal infections   | <input type="checkbox"/> Whiplash            |
| <input type="checkbox"/> Venereal Disease     | <input type="checkbox"/> None                |

*\*I attest that all the information completed on the following forms is true and correct.*

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## RECORD RELEASE AUTHORIZATION

(If you would like our office to request your records from another Doctor and/or Facility, fill out the FROM section)

FROM:

Doctor/Facility/Hospital Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

I HEREBY AUTHORIZE AND REQUEST THE RELEASE OF MY MEDICAL RECORDS TO:

**Back To Health Physician's Group, 25 West Lincoln Ave, Charleston, IL 61920**

(If you would like our office to release records to another person/entity such as spouse, significant other, parent, other family member, lawyer, etc., fill out the TO section)

TO:

Person/Entity: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Person/Entity: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient's Name (Please Print)

\_\_\_\_\_  
Parent/Guardian Signature (If patient under 18 yrs. old)

\_\_\_\_\_  
Relationship To Patient

\_\_\_\_\_  
Witness To The Above Signatures

\_\_\_\_\_  
Please Print Name

## INFORMED CONSENT FOR EXAMINATION AND TREATMENT

I (we) hereby consent to the performance of examination and treatment on me or on, \_\_\_\_\_, by the licensed doctors of chiropractic, medical professionals, and/or licensed physical therapists that may be employed by or engaged in practice in this clinic.

I have the opportunity to discuss with the doctor(s) or other clinic personnel the nature and purpose of the different physical therapy procedures and chiropractic treatment (manipulation/adjustment). I understand that neither chiropractic nor medical treatment is an exact science and that my care may involve judgements based upon facts and information known to the doctor. The doctor uses this judgement to attempt to anticipate or explain risks and complications and an undesirable result does not necessarily indicate an error in judgement. No guarantee for results can be made or expected but rather I wish to rely on the doctor to choose and recommend the best course of treatment, based upon facts known, that is in my best interests.

I further understand that there are certain degrees of risks associated with chiropractic health care and physical therapy, which include rarely, but not limited to, fractures, disc injuries, strokes, and strains/sprains and therefore willing to accept and consent to the risk associated with the care that I am about to receive.

I have read the above information has been explained regarding consent. I have had an opportunity to ask questions about my examination and treatment. By signing below, I agree and intend this consent form to cover the procedures prescribed for my condition and for any future conditions for which I seek treatment.

By my signature on this form I do hereby state to the best of my knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this time.

Date of last menstruation (if applicable): \_\_\_\_\_

\_\_\_\_\_  
Patient's Name (Print)

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship or authority if not signed by patient

\_\_\_\_\_  
Witness (Print)

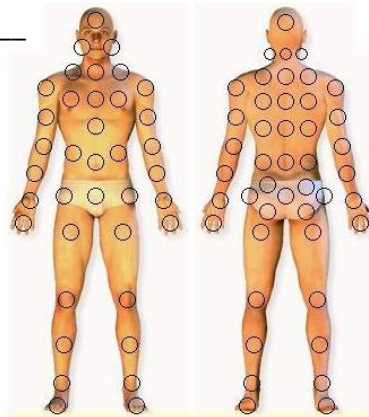
\_\_\_\_\_  
Witness Signature

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Primary (Main) Complaint:** \_\_\_\_\_

Mark the region of your discomfort (mark the dots)



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1      2      3      4      5      6      7      8      9      10

What is the frequency of the discomfort you are feeling? (Circle one)

10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

How bad is the discomfort at its worst? (Circle one)

1      2      3      4      5      6      7      8      9      10

How would you rate the discomfort at its best? (Circle one)

1      2      3      4      5      6      7      8      9      10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual                  Sudden

When did the discomfort begin? (Fill in a number on the blank line)

\_\_\_hour(s) ago    \_\_\_day(s) ago    \_\_\_week(s) ago    \_\_\_month(s) ago    \_\_\_year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better                  Worse                  Unchanged

What aggravates the discomfort? (Check all that apply)

- |                                   |                                   |                                   |                                   |                                      |                                     |                                    |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending  | <input type="checkbox"/> Bowling  | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing    | <input type="checkbox"/> Cooking    | <input type="checkbox"/> Coughing  |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling  | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving  | <input type="checkbox"/> Eating      | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping  | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting  | <input type="checkbox"/> Lying    | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf       | <input type="checkbox"/> Tennis    |
| <input type="checkbox"/> Pulling  | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting  | <input type="checkbox"/> Running     | <input type="checkbox"/> Sex        | <input type="checkbox"/> Sitting   |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding  | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping    | <input type="checkbox"/> Swinging   | <input type="checkbox"/> Turning   |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing   | <input type="checkbox"/> Walking  | <input type="checkbox"/> Working  | <input type="checkbox"/> Nothing     |                                     |                                    |

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? \_\_\_\_\_ minutes

What relieves the discomfort? (Check all that apply)

<input type="checkbox"/> Bending	<input type="checkbox"/> Bowling	<input type="checkbox"/> Carrying	<input type="checkbox"/> Cleaning	<input type="checkbox"/> Climbing	<input type="checkbox"/> Cooking	<input type="checkbox"/> Coughing
<input type="checkbox"/> Crawling	<input type="checkbox"/> Cycling	<input type="checkbox"/> Dressing	<input type="checkbox"/> Driving	<input type="checkbox"/> Eating	<input type="checkbox"/> Exercising	<input type="checkbox"/> Gardening
<input type="checkbox"/> Jumping	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Lifting	<input type="checkbox"/> Lying	<input type="checkbox"/> Medications	<input type="checkbox"/> Golf	<input type="checkbox"/> Tennis
<input type="checkbox"/> Pulling	<input type="checkbox"/> Pushing	<input type="checkbox"/> Reaching	<input type="checkbox"/> Resting	<input type="checkbox"/> Running	<input type="checkbox"/> Sex	<input type="checkbox"/> Sitting
<input type="checkbox"/> Sleeping	<input type="checkbox"/> Sliding	<input type="checkbox"/> Sneezing	<input type="checkbox"/> Standing	<input type="checkbox"/> Stooping	<input type="checkbox"/> Swinging	<input type="checkbox"/> Turning
<input type="checkbox"/> Twisting	<input type="checkbox"/> Typing	<input type="checkbox"/> Walking	<input type="checkbox"/> Working	<input type="checkbox"/> Nothing		

What percentage would you say the discomfort improves? \_\_\_\_\_%

What is the quality of the discomfort? (Check all that apply)

<input type="checkbox"/> Aching	<input type="checkbox"/> Anguish	<input type="checkbox"/> Burning	<input type="checkbox"/> Continuous	<input type="checkbox"/> Deep	<input type="checkbox"/> Depression	<input type="checkbox"/> Despair
<input type="checkbox"/> Discomfort	<input type="checkbox"/> Dull	<input type="checkbox"/> Frequent	<input type="checkbox"/> Insidious	<input type="checkbox"/> Intense	<input type="checkbox"/> Intermittent	<input type="checkbox"/> Malaise
<input type="checkbox"/> Melancholy	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Numb	<input type="checkbox"/> Numbness	<input type="checkbox"/> Occasional	<input type="checkbox"/> Pain
<input type="checkbox"/> Random	<input type="checkbox"/> Severe	<input type="checkbox"/> Self Loathing	<input type="checkbox"/> Sharp	<input type="checkbox"/> Shooting	<input type="checkbox"/> Superficial	<input type="checkbox"/> Throbbing
<input type="checkbox"/> Tingling	<input type="checkbox"/> Tightness					

When is the discomfort at its worst? (Circle one)

In the morning      In the afternoon      In the evening      Just before bed

Does the pain radiate up or down? (Circle one)

Upward      Downward      In all directions      Does Not Radiate

Where does the pain radiate? (Circle all that apply)

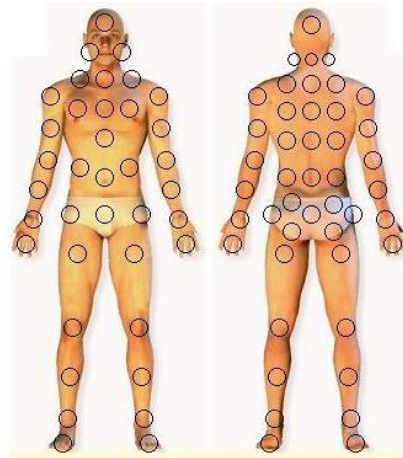
Right arm      Left arm      Right leg      Left leg      Neck      Spine      Other: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Second Complaint:** \_\_\_\_\_

Where is your discomfort?



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1      2      3      4      5      6      7      8      9      10

What is the frequency of the discomfort you are feeling? (Circle one)

10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

How bad is the discomfort at its worst? (Circle one)

1      2      3      4      5      6      7      8      9      10

How would you rate the discomfort at its best? (Circle one)

1      2      3      4      5      6      7      8      9      10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual                  Sudden

When did the discomfort begin? (Fill in a number on the blank line)

\_\_\_hour(s) ago    \_\_\_day(s) ago    \_\_\_week(s) ago    \_\_\_month(s) ago    \_\_\_year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better                  Worse                  Unchanged

What aggravates the discomfort? (Check all that apply)

- |                                   |                                   |                                   |                                   |                                      |                                     |                                    |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending  | <input type="checkbox"/> Bowling  | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing    | <input type="checkbox"/> Cooking    | <input type="checkbox"/> Coughing  |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling  | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving  | <input type="checkbox"/> Eating      | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping  | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting  | <input type="checkbox"/> Lying    | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf       | <input type="checkbox"/> Tennis    |
| <input type="checkbox"/> Pulling  | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting  | <input type="checkbox"/> Running     | <input type="checkbox"/> Sex        | <input type="checkbox"/> Sitting   |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding  | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping    | <input type="checkbox"/> Swinging   | <input type="checkbox"/> Turning   |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing   | <input type="checkbox"/> Walking  | <input type="checkbox"/> Working  |                                      |                                     |                                    |

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? \_\_\_\_\_ minutes

What relieves the discomfort? (Check all that apply)

<input type="checkbox"/> Bending	<input type="checkbox"/> Bowling	<input type="checkbox"/> Carrying	<input type="checkbox"/> Cleaning	<input type="checkbox"/> Climbing	<input type="checkbox"/> Cooking	<input type="checkbox"/> Coughing
<input type="checkbox"/> Crawling	<input type="checkbox"/> Cycling	<input type="checkbox"/> Dressing	<input type="checkbox"/> Driving	<input type="checkbox"/> Eating	<input type="checkbox"/> Exercising	<input type="checkbox"/> Gardening
<input type="checkbox"/> Jumping	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Lifting	<input type="checkbox"/> Lying	<input type="checkbox"/> Medications	<input type="checkbox"/> Golf	<input type="checkbox"/> Tennis
<input type="checkbox"/> Pulling	<input type="checkbox"/> Pushing	<input type="checkbox"/> Reaching	<input type="checkbox"/> Resting	<input type="checkbox"/> Running	<input type="checkbox"/> Sex	<input type="checkbox"/> Sitting
<input type="checkbox"/> Sleeping	<input type="checkbox"/> Sliding	<input type="checkbox"/> Sneezing	<input type="checkbox"/> Standing	<input type="checkbox"/> Stooping	<input type="checkbox"/> Swinging	<input type="checkbox"/> Turning
<input type="checkbox"/> Twisting	<input type="checkbox"/> Typing	<input type="checkbox"/> Walking	<input type="checkbox"/> Working	<input type="checkbox"/> Nothing		

What percentage would you say the discomfort improves? \_\_\_\_\_%

What is the quality of the discomfort? (Check all that apply)

<input type="checkbox"/> Aching	<input type="checkbox"/> Anguish	<input type="checkbox"/> Burning	<input type="checkbox"/> Continuous	<input type="checkbox"/> Deep	<input type="checkbox"/> Depression	<input type="checkbox"/> Despair
<input type="checkbox"/> Discomfort	<input type="checkbox"/> Dull	<input type="checkbox"/> Frequent	<input type="checkbox"/> Insidious	<input type="checkbox"/> Intense	<input type="checkbox"/> Intermittent	<input type="checkbox"/> Malaise
<input type="checkbox"/> Melancholy	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Numb	<input type="checkbox"/> Numbness	<input type="checkbox"/> Occasional	<input type="checkbox"/> Pain
<input type="checkbox"/> Random	<input type="checkbox"/> Severe	<input type="checkbox"/> Self Loathing	<input type="checkbox"/> Sharp	<input type="checkbox"/> Shooting	<input type="checkbox"/> Superficial	<input type="checkbox"/> Throbbing
<input type="checkbox"/> Tingling	<input type="checkbox"/> Tightness					

When is the discomfort at its worst? (Circle one)

In the morning      In the afternoon      In the evening      Just before bed

Does the pain radiate up or down? (Circle one)

Upward      Downward      In all directions

Where does the pain radiate? (Circle all that apply)

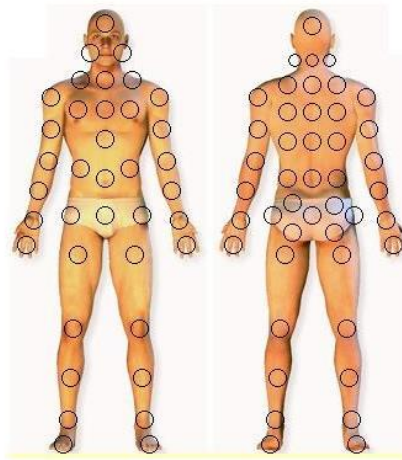
Right arm      Left arm      Right leg      Left leg      Neck      Spine

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Third Complaint:** \_\_\_\_\_

Where is your discomfort?



How would you rate the level of discomfort right now on a scale of 10? (Circle one)

1    2    3    4    5    6    7    8    9    10

What is the frequency of the discomfort you are feeling? (Circle one)

10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

How bad is the discomfort at its worst? (Circle one)

1    2    3    4    5    6    7    8    9    10

How would you rate the discomfort at its best? (Circle one)

1    2    3    4    5    6    7    8    9    10

Is the onset of the discomfort gradual or sudden? (Circle one)

Gradual    Sudden

When did the discomfort begin? (Fill in a number on the blank line)

\_\_\_hour(s) ago    \_\_\_day(s) ago    \_\_\_week(s) ago    \_\_\_month(s) ago    \_\_\_year(s) ago

Since the problem began have the symptoms been getting better, worse or relatively unchanged? (Circle one)

Better    Worse    Unchanged

What aggravates the discomfort? (Check all that apply)

- |                                   |                                   |                                   |                                   |                                      |                                     |                                    |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Bending  | <input type="checkbox"/> Bowling  | <input type="checkbox"/> Carrying | <input type="checkbox"/> Cleaning | <input type="checkbox"/> Climbing    | <input type="checkbox"/> Cooking    | <input type="checkbox"/> Coughing  |
| <input type="checkbox"/> Crawling | <input type="checkbox"/> Cycling  | <input type="checkbox"/> Dressing | <input type="checkbox"/> Driving  | <input type="checkbox"/> Eating      | <input type="checkbox"/> Exercising | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Jumping  | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Lifting  | <input type="checkbox"/> Lying    | <input type="checkbox"/> Medications | <input type="checkbox"/> Golf       | <input type="checkbox"/> Tennis    |
| <input type="checkbox"/> Pulling  | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Reaching | <input type="checkbox"/> Resting  | <input type="checkbox"/> Running     | <input type="checkbox"/> Sex        | <input type="checkbox"/> Sitting   |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sliding  | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Standing | <input type="checkbox"/> Stooping    | <input type="checkbox"/> Swinging   | <input type="checkbox"/> Turning   |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Typing   | <input type="checkbox"/> Walking  | <input type="checkbox"/> Working  |                                      |                                     |                                    |

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

What percentage worse is the discomfort after it is aggravated?

10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How many minutes will the discomfort remain that way? \_\_\_\_\_ minutes

What relieves the discomfort? (Check all that apply)

<input type="checkbox"/> Bending	<input type="checkbox"/> Bowling	<input type="checkbox"/> Carrying	<input type="checkbox"/> Cleaning	<input type="checkbox"/> Climbing	<input type="checkbox"/> Cooking	<input type="checkbox"/> Coughing
<input type="checkbox"/> Crawling	<input type="checkbox"/> Cycling	<input type="checkbox"/> Dressing	<input type="checkbox"/> Driving	<input type="checkbox"/> Eating	<input type="checkbox"/> Exercising	<input type="checkbox"/> Gardening
<input type="checkbox"/> Jumping	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Lifting	<input type="checkbox"/> Lying	<input type="checkbox"/> Medications	<input type="checkbox"/> Golf	<input type="checkbox"/> Tennis
<input type="checkbox"/> Pulling	<input type="checkbox"/> Pushing	<input type="checkbox"/> Reaching	<input type="checkbox"/> Resting	<input type="checkbox"/> Running	<input type="checkbox"/> Sex	<input type="checkbox"/> Sitting
<input type="checkbox"/> Sleeping	<input type="checkbox"/> Sliding	<input type="checkbox"/> Sneezing	<input type="checkbox"/> Standing	<input type="checkbox"/> Stooping	<input type="checkbox"/> Swinging	<input type="checkbox"/> Turning
<input type="checkbox"/> Twisting	<input type="checkbox"/> Typing	<input type="checkbox"/> Walking	<input type="checkbox"/> Working			

What percentage would you say the discomfort improves? \_\_\_\_\_%

What is the quality of the discomfort? (Check all that apply)

<input type="checkbox"/> Aching	<input type="checkbox"/> Anguish	<input type="checkbox"/> Burning	<input type="checkbox"/> Continuous	<input type="checkbox"/> Deep	<input type="checkbox"/> Depression	<input type="checkbox"/> Despair
<input type="checkbox"/> Discomfort	<input type="checkbox"/> Dull	<input type="checkbox"/> Frequent	<input type="checkbox"/> Insidious	<input type="checkbox"/> Intense	<input type="checkbox"/> Intermittent	<input type="checkbox"/> Malaise
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